



The mission of the McCORMICK Science Institute (MSI) is to advance scientific knowledge on the potential health benefits of culinary spices and herbs. As an independent research organisation supported by McCORMICK & Company, Inc., MSI will fund new research at leading universities and governmental organisations, provide standardised spice/herb samples for use in clinical studies, and help disseminate information on the health-promoting properties of spices and herbs.

All MSI-funded research is focused on advancing the scientific study of the health-enhancing properties of culinary herbs and spices in areas that may have the potential to impact public health.

Under the guidance of nutrition scientists and a Scientific Advisory Council, MSI will develop and execute a targeted research agenda in five broad areas related to spices and herbs:

- **Antioxidants and phytonutrients**
Identify and quantify beneficial compounds in spices and herbs
- **Inflammation**
Explore the potential anti-inflammatory properties of spices and herbs
- **Weight management**
Investigate the potential of spices and herbs to impact satiety and metabolic rate
- **Improve diet quality**
Validate the role of spices and herbs in helping to reduce sodium, fat, calories and increase fruits, vegetables and essential nutrients
- **Dietary assessment**
Examine links between various intakes of spices/herbs and specific health outcomes

Consistent with MSI's mission to support broad scientific understanding, all research teams that receive funding are required to submit their findings to peer-reviewed scientific journals for publication. MSI does not support research on spice blends proprietary to McCORMICK or research on experimental animals.

For more information, visit www.mccormickscienceinstitute.com

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